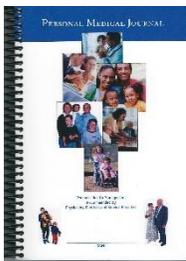




PUBLICATIONS

Gloria Lopez - author, speaker, and consultant

Call (844)527-2665 if you want more information or go to PayPal on-line to place or your order TODAY!

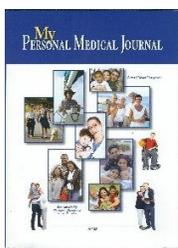


Personal Medical Journal

The *Personal Medical Journal* has guided many families and individuals to maintain their own accurate medical records and assist them to take an active role in their medical care. The journal is sectioned into various categories and may be tailored for your individual needs.

Spiral Bound 254-page self-help journal

\$14.99 + tax/SH

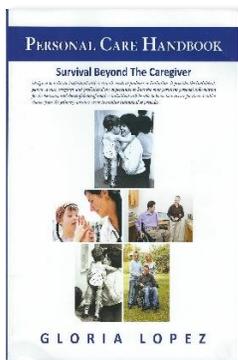


My Personal Medical Journal

My Personal Medical Journal is a simple tool that will help a person collect, track, and share past and current information about their health or the health of someone that might be in their care. A person can document their visits to a physician, dentist, therapist, hospital, or any health service agency.

Soft Cover 230-page self-help journal

\$14.99 + tax/SH



Personal Care Handbook Aka Survival Beyond the Caregiver

Designed to assist an individual with a chronic medical problem or limitation. It provides the individual, parent, spouse, caregiver, and professional the opportunity to have the most pertinent personal information for the best care, and the confidence of another individual will be able to know how to care for them should a change from the primary caregiver occur to another individual or provider.

Soft Cover 144-page self-help handbook

\$19.99 + tax/SH

E-book

\$ 9.99 + tax/SH

Digital Forms Disc (*only available online or through by contacting our office*)

\$ 7.99 + tax/SH

Package:

Soft Cover 144-page self-help handbook & Digital Forms Disc

\$24.99 + tax/SH

E-Book & Forms Disk

\$ 14.99 + tax/SH



Personal Caregiver Handbook

Used daily by a caregiver with instructions and a variety of daily charting forms depending on the individual needs to assist in monitoring their health. The charts can be a helpful tool to take to the doctor appointment.

Soft Cover - 158-page self-help handbook

\$19.99 +tax/SH

E-book

\$ 9.99 + tax/SH

Digital Forms Disc (*only available through online or by contacting our office*)

\$ 7.99 + tax/SH

Package:

Soft Cover 144-page self-help handbook & Forms Disc

\$24.99 + tax/SH

E-Book & Digital Forms Disk

\$14.99 + tax/SH



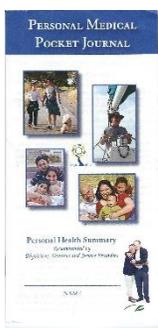
Food Allergy Card

Used to present to waitresses and/or chefs to notify them of food allergies the person may have toward specific foods and spices. Eliminate potential cross-contamination, allowing the restaurant to prepare the food safely. One side in English and the back is in Spanish.

Card package of 3 plus 1 plastic holder

\$ 4.99 + tax/SH

Cards can be customized to include your company logo. Please call for a quote.



Personal Medical Pocket Handbook

3.5 x 7", 32 pages. A condensed pocket summary of an individual's health history. Easy to carry in a purse or pocket; similar in size to a checkbook register. Call for more information to order, and to customize for your business name place on the cover.